LEADING EDGE SEMINARS · CANCUN 2027

WEEK 1 · CE & EMPLOYER APPROVAL PACKAGE

Narcissistic and Antagonistic Relationship Therapy

A Structured Clinical Framework

With Ramani Durvasula, PhD

WORKSHOP
February 1–5, 2027
Monday to Friday
9:00 am-12:30 pm, local resort time

RESORT STAY
January 30-February 6, 2027
Seven nights
Dreams Jade Resort & Spa · Puerto Morelos, Mexico

TRAINING
Live, in person · Intermediate/ advanced
16.25 CE hours

Clients affected by narcissistic and antagonistic relationships often arrive confused, distressed and unsure of themselves, and many are asking whether to stay or go. They need a therapist who understands the pattern without rushing to label it.

Ramani Durvasula teaches the Antagonism Informed Model (AIM), a flexible framework for understanding these relational patterns, keeping clients safe and stable, and helping them rebuild agency and autonomy. It works alongside the approach you already use.

CE & EMPLOYER APPROVAL PACKAGE

Objectives, five-day agenda, CE details and an employer approval summary, ready to share.

01 · THE TRAINING

A structured lens for complex relational dynamics

Narcissism and antagonism are treated as personality styles on a spectrum, not a single diagnostic label. You'll look closely at the relational patterns clients describe and the psychological fallout they live with, and use AIM to organize assessment, case conceptualization and treatment planning.

- Recognize relational patterns including intermittent reinforcement, trauma bonding, cognitive dissonance, and coercive control.
- Strengthen ongoing assessment, emotional stabilization, safety, and therapeutic rapport.
- Use AIM principles to organize case conceptualization and treatment planning.
- Support client agency, autonomy, individuation, grief, and meaning-making.
- Consider structural power, intersectionality, legal and ethical challenges, and clinician wellbeing.

Who should attend

Designed for intermediate and advanced mental health professionals, including psychologists, psychiatrists, clinical social workers, counsellors, marriage and family therapists, psychotherapists, mental health nurses and nurse practitioners, physicians providing mental health care, pastoral counsellors, and graduate students in accredited mental health training programs.

Your presenter

Ramani Durvasula, PhD

Ramani Durvasula is a licensed clinical psychologist in California, Founder and CEO of LUNA Education, Training and Consulting, and Professor Emerita of Psychology at California State University, Los Angeles. She earned her MA and PhD in clinical psychology at UCLA and completed her internship and postdoctoral training at the UCLA Department of Psychiatry. She is the author of It's Not You: Identifying and Healing from Narcissistic People, "Don't You Know Who I Am": How to Stay Sane in the Era of Narcissism, Entitlement, and Incivility, and Should I Stay or Should I Go: Surviving a Relationship With a Narcissist. She trains mental health professionals internationally on assessment and treatment considerations in narcissistic and antagonistic relational systems.

Workshop content and presenter background adapted from the Praxis CE planning materials and presenter biography. Full workshop page: **leadingedgecancun.com/event/narcissistic-relationship-therapy/**

What you will learn

At the conclusion of the workshop, participants will be better able to:

1. Describe narcissism and antagonism as personality styles, including characteristic traits, motivations, and presentations, and differentiate categorical and dimensional formulations of narcissistic personality pathology (including NPD).
2. Identify common behaviors, tactics, and relational patterns observed in relationships with individuals with narcissistic and antagonistic personalities.
3. Explain the concepts of trauma bonding, cognitive dissonance, and betrayal blindness as they apply to narcissistic and antagonistic relational dynamics.
4. Recognize common behavioral responses and adaptive strategies used by individuals in these relationships, including patterns related to attachment and safety.
5. Identify the most frequently observed symptom presentations and psychological fallout experienced by clients impacted by narcissistic and antagonistic relationships.
6. Apply the key principles of the Antagonism Informed Model (AIM) to clinical case conceptualization and treatment planning.
7. Describe ongoing assessment considerations when working with clients affected by narcissistic and antagonistic relational dynamics.
8. Implement strategies to support safety, emotional stabilization, trust, and therapeutic rapport with affected clients.
9. Apply interventions that foster agency, autonomy, and individuation to support client decision-making and recovery.
10. Explain the role of structural awareness and intersectionality when working with clients impacted by narcissistic and antagonistic relationships.
11. Identify key legal and ethical considerations relevant to clinical work with clients involved in narcissistic and antagonistic relational systems.

03 · FIVE-DAY AGENDA

Your week of learning

Daily: 9:00–10:15 am and 10:30 am–12:30 pm, with a morning break 10:15–10:30. All times local resort time. Instructional time is 3.25 hours a day, 16.25 hours in total; breaks and check-in don't count toward CE hours.

MON 1 Feb 2027

Narcissism & relational behaviour

9:00–10:15 am Narcissism beyond DSM criteria; antagonism, developmental pathways, severity, subtypes, assessment, and diagnostic overlap.

10:30 am–12:30 pm Relational motivations, shame, vulnerability, defensive patterns, and common tactics; distinguishing antagonism from neurodivergence and other mental health conditions.

TUE 2 Feb 2027

Relational dynamics & client responses

9:00–10:15 am Intermittent reinforcement, cognitive dissonance, trauma bonding, attachment and safety, relationship cycles, DARVO, and betrayal blindness.

10:30 am–12:30 pm Adaptive survival strategies, self-abandonment, diminished social power, and emotional, cognitive, and behavioural fallout.

WED 3 Feb 2027

AIM & clinical intervention

9:00–10:15 am AIM principles and treatment phases; integrating trauma-informed care, creating a treatment map, and working with client ambivalence.

10:30 am–12:30 pm Safety, stabilization, ongoing assessment, severe symptoms, psychoeducation, grief, acceptance, agency, and autonomy.

THU 4 Feb 2027

Case application & integration

9:00–10:15 am Review AIM concepts; small-group case analysis, clinical priorities, and preparation for applying the framework.

10:30 am–12:30 pm Case presentations and collaborative treatment planning; clinical complexities and integration of assessment, safety, and interventions.

FRI 5 Feb 2027

Context, ethics & clinician wellbeing

9:00–10:15 am Culture, intersectionality, structural power, resource access, mental health inequities, clinician positionality, and therapeutic power dynamics.

10:30 am–12:30 pm Documentation, confidentiality, collateral contacts, informed consent, risk assessment, consultation, client identity protection, and clinician burnout and secondary trauma.

04 · THE RETREAT

Stay, connect & recharge

Dreams Jade Resort & Spa

A beachfront, all-inclusive resort in Puerto Morelos, just south of Cancun. Your seven-night stay runs from Saturday, January 30 to Saturday, February 6, 2027. Morning workshops leave your afternoons open to enjoy the resort and connect with other clinicians.

Your retreat package includes

7
nights of all-inclusive accommodation

1
workshop registration with Ramani Durvasula

All
meals, drinks and snacks, plus access to resort amenities

Packages are priced per room, per week, based on occupancy. A second adult sharing your room doesn't automatically receive a workshop registration; additional registrations can be added during booking.

Choose your room category

JUNIOR SUITE TROPICAL VIEW
A room option with tropical surroundings.

JUNIOR SUITE OCEAN VIEW
An upgraded option with partial ocean views.

PREFERRED CLUB OCEAN VIEW
ADULTS ONLY · 18+
Premium accommodation with enhanced amenities and exclusive privileges.

Beyond the workshop

Begin with the Sunday Night Meet & Greet, then enjoy informal opportunities to connect over coffee, by the pool or before dinner. Optional excursions and spa services are separate from the core training package.

Explore Paradise Perks → Explore the resort →

Airfare is not included. Fly into Cancun International Airport (CUN). Contact us about airport transfers, extended stays, companion arrangements or accessibility needs.

Plan your professional development

16.25
CE HOURS

Continuing education. This workshop is approved for 16.25 CE hours by Praxis Continuing Education and Training. The educational activity is sponsored by Praxis Continuing Education and Training by New Harbinger and co-sponsored by Leading Edge Seminars.

See the CE page for profession-specific US approvals and Canadian and international participation information, and check acceptance with your own licensing or professional body before registering. Attend all sessions, sign in daily and complete the evaluation to receive your certificate; no partial credit is awarded. Canadian participants receive a Certificate of Participation for 16.25 hours on 100% attendance.

Review CE approvals and requirements →

Pricing, payment plans & cancellation

Compare room and occupancy options on the pricing page. **Flexible payment plans are available**: contact Emily to set one up.

View retreat pricing →

Read the cancellation terms →

QUESTIONS?

Emily Porter
Leading Edge Seminars
emily@leadingedgeseminars.org
416-964-1133

Ask about workshop suitability, accommodation, payment plans or employer documentation.

Register for Cancun 2027 · leadingedgecancun.com/product/register

Employer approval summary

Use this page, together with sections 01–03, when requesting professional development time or funding.

Program	Narcissistic and Antagonistic Relationship Therapy: A Structured Clinical Framework
Presenter(s)	Ramani Durvasula, PhD
Format	Live, in-person, five-day workshop · intermediate/advanced
Dates	February 1-5, 2027 (Monday to Friday), 9:00 am–12:30 pm local time
Location	Dreams Jade Resort & Spa, Puerto Morelos (Cancun), Mexico
Instructional hours	16.25 CE hours (3.25 instructional hours a day, Monday to Friday)
CE sponsor	Praxis Continuing Education and Training by New Harbinger; co-sponsored by Leading Edge Seminars
Certificate	Issued on full attendance, daily sign-in and completed evaluation; no partial credit
Learning objectives	11 objectives, listed in section 02 of this guide
Costs	The package combines accommodation and one workshop registration. Ask Emily for a breakdown separating the workshop fee from accommodation and travel.

A request note you can adapt

Dear **[manager's name]**,

I'd like to request approval to attend **Narcissistic and Antagonistic Relationship Therapy**, a live 16.25-hour continuing education workshop with Ramani Durvasula, PhD, running February 1-5, 2027. The workshop is CE-approved through Praxis Continuing Education and Training.

It would support my work with **[client group / caseload]**, particularly in **[one or two learning objectives from section 02]**. The attached guide includes the full objectives and the five-day agenda.

I'm requesting **[time away / funding amount / both]**. I can provide a cost breakdown separating the workshop fee from accommodation and travel.

Thank you for considering it,
[your name]

Prepared October 2026 from the Praxis CE materials and the Leading Edge Cancun website. Please check the website for current details.