LEADING EDGE SEMINARS · CANCUN 2027

WEEK 2 · CE & EMPLOYER APPROVAL PACKAGE

Advanced Grief Therapy

A Clinician's Toolkit for Reconstructing Meaning After Loss

With Robert Neimeyer, PhD and Carolyn Ng, PsyD

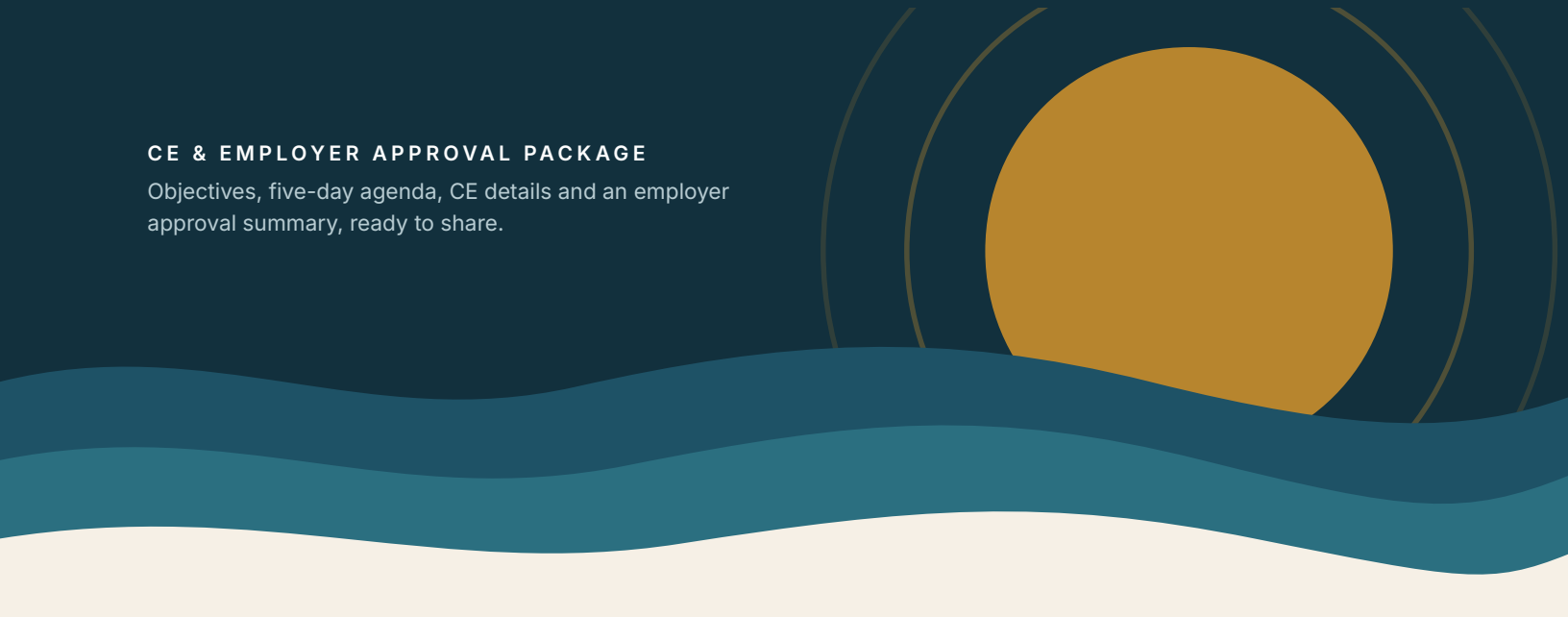
WORKSHOP
February 8–12, 2027
Monday to Friday
9:00 am-12:30 pm, local resort time

RESORT STAY
February 6–13, 2027
Seven nights
Dreams Jade Resort & Spa · Puerto Morelos, Mexico

TRAINING
Live, in person · Intermediate/ advanced
16.25 CE hours

Some clients aren't moving through a loss, and some losses (sudden, violent or unresolved) need more than support and time. This workshop gives you a structured, meaning-focused way to work with grief.

Robert Neimeyer and Carolyn Ng of the Portland Institute for Loss and Transition teach practical tools for assessing grief-related impairment, supporting continuing bonds and helping clients reconstruct meaning after loss, with clinical video demonstrations and experiential exercises.



CE & EMPLOYER APPROVAL PACKAGE

Objectives, five-day agenda, CE details and an employer approval summary, ready to share.

01 · THE TRAINING

A meaning-focused approach to loss

The framework draws on attachment theory, trauma-informed care and narrative reconstruction. You'll work with adaptive and prolonged grief, sudden and traumatic bereavement, unfinished relational business, and the changes in identity that can follow a death.

- Use structured assessment tools to explore functional impairment and grief attacks.
- Apply Secure Base Mapping and Life Imprint work to explore attachment, resources, and the legacy of the deceased.
- Practise Restorative Retelling, Embodied Dialogue, therapeutic correspondence, and directed journaling.
- Attend to pacing and psychological safety while supporting meaning reconstruction.

Who should attend

Designed for intermediate and advanced mental health professionals, including psychologists, social workers, counsellors, marriage and family therapists, psychiatrists, physicians, clinical nurse specialists, nurse practitioners, pastoral counsellors, school psychologists, and graduate students in accredited programs in these disciplines.

Your presenters

Robert A. Neimeyer, PhD

Robert Neimeyer is Professor Emeritus of Psychology at the University of Memphis and Director of the Portland Institute for Loss and Transition. His research, writing, and professional training focus on grief therapy and meaning-making after loss. His books include New Techniques of Grief Therapy: Bereavement and Beyond and The Handbook of Grief Therapies, co-edited with Edith Steffen and Jane Milman.

Carolyn Ng, PsyD, MMSAC, RegCLR

Carolyn Ng is Associate Director of the Portland Institute for Loss and Transition and maintains Anchorage for Loss and Transition in Singapore. Previously a Principal Counsellor at the Children's Cancer Foundation, she specializes in loss, palliative care, and bereavement support. She is a registered counsellor, master clinical member, and approved clinical supervisor with the Singapore Association for Counselling.

Workshop content and presenter background adapted from the Praxis CE planning materials and presenter biographies. Full workshop page: **leadingedgecancun.com/event/grief-therapy-training/**

What you will learn

At the conclusion of the workshop, participants will be better able to:

1. Identify three key dimensions of adaptive grieving viewed through a narrative lens
2. Identify features of prolonged and functionally impairing grief in the context of a clinical interview.
3. Explain use of the brief Grief Impairment Scale in initiating therapy and measuring therapeutic progress
4. Define the key components of grief attacks and list 4 approaches to mitigating them and defusing triggers for their occurrence
5. Describe the essential domains of a Meaning Reconstruction model of grief and outline how it can serve as a guidance-system for grief therapy
6. Explain the concept of continuing bonds and its role in adaptation to bereavement
7. Apply Secure Base Mapping to trace sustaining bonds over time and identify internal and external resources to promote adaptation to life transitions
8. Explain why it's important to practice a conversational technique to review the back story of relationship with the deceased and to elicit lingering relational issues that require therapeutic attention.
9. Describe research on sudden and traumatic bereavement and its relation to both unfinished business with the deceased and intense or prolonged grief symptomatology
10. Explain the use of the Unfinished Business in Bereavement Scale for assessing residual conflicts and disappointments in the relationship with the deceased
11. Describe guidelines for correspondence with the deceased that ensure safety for clients as they reopen and resolve complicated dialogues with loved ones interrupted by their death
12. Use the Life Imprint technique to recognize the living legacy of the deceased for the survivor at both concrete and abstract levels
13. Identify markers for the use of narrative retelling of an event story of loss, and guidelines for avoiding re-traumatization
14. Explain the concept of narrative braiding and the three strands of the client's story that this involves
15. Describe how to implement Restorative Retelling procedures for mastering the event story of the loss.
16. Describe the four key steps in Embodied Dialogue and the key features of the process of the work that foster depth and safety
17. Explain the use of Conversing with the Canvas as an optional extension of the method and its advantages in individual and group applications
18. Distinguish between emotion-focused, sense-making and benefit-finding approaches to journaling and highlight the role of each
19. Discuss how to implement procedures for establishing safe entry into and exit from immersive and reflective journaling, and generalize to its use in therapy.

03 · FIVE-DAY AGENDA

Your week of learning

Daily: 9:00–10:15 am and 10:30 am–12:30 pm, with a morning break 10:15–10:30. All times local resort time. Instructional time is 3.25 hours a day, 16.25 hours in total; breaks and check-in don't count toward CE hours.

MON 8 Feb 2027

Adaptive grief & assessment

9:00–10:15 am	Adaptive grief and application of diagnostic criteria for prolonged grief.
10:30 am–12:30 pm	Using the Grief Impairment Scale to assess functioning; assessment and intervention for grief attacks.

TUE 9 Feb 2027

Meaning reconstruction & attachment

9:00–10:15 am	A tripartite model of meaning reconstruction and the continuing bond.
10:30 am–12:30 pm	Secure Base Mapping and introducing the loved one through a relational back-story conversation.

WED 10 Feb 2027

Unfinished business & living legacies

9:00–10:15 am	Complications in continuing bonds; screening for unfinished business; implications of sudden, violent, and traumatic loss.
10:30 am–12:30 pm	Therapeutic correspondence with the deceased and the Life Imprint technique.

THU 11 Feb 2027

Restorative Retelling

9:00–10:15 am	Navigating the therapeutic process; narrative braiding and Restorative Retelling.
10:30 am–12:30 pm	Clinical illustrations of trauma and transformation, followed by an experiential exercise.

FRI 12 Feb 2027

Dialogue, metaphor & journaling

9:00–10:15 am	Embodied Dialogue, experiential work with metaphor and meaning, and Conversing with the Canvas as an optional extension.
10:30 am–12:30 pm	Writing for wellbeing; emotion-focused, sense-making, and benefit-finding approaches; directed journaling and small-group processing.

04 · THE RETREAT

Stay, connect & recharge

Dreams Jade Resort & Spa

A beachfront, all-inclusive resort in Puerto Morelos, just south of Cancun. Your seven-night stay runs from Saturday, February 6 to Saturday, February 13, 2027. Morning workshops leave your afternoons open to enjoy the resort and connect with other clinicians.

Your retreat package includes

7
nights of all-inclusive accommodation

1
workshop registration with Robert Neimeyer and Carolyn Ng

All
meals, drinks and snacks, plus access to resort amenities

Packages are priced per room, per week, based on occupancy. A second adult sharing your room doesn't automatically receive a workshop registration; additional registrations can be added during booking.

Choose your room category

JUNIOR SUITE TROPICAL VIEW

A room option with tropical surroundings.

JUNIOR SUITE OCEAN VIEW

An upgraded option with partial ocean views.

PREFERRED CLUB OCEAN VIEW

ADULTS ONLY · 18+

Premium accommodation with enhanced amenities and exclusive privileges.

Beyond the workshop

Begin with the Sunday Night Meet & Greet, then enjoy informal opportunities to connect over coffee, by the pool or before dinner. Optional excursions and spa services are separate from the core training package.

Explore Paradise Perks → Explore the resort →

Airfare is not included. Fly into Cancun International Airport (CUN). Contact us about airport transfers, extended stays, companion arrangements or accessibility needs.

Plan your professional development

16.25
CE HOURS

Continuing education. This workshop is approved for 16.25 CE hours by Praxis Continuing Education and Training. The educational activity is sponsored by Praxis Continuing Education and Training by New Harbinger and co-sponsored by Leading Edge Seminars.

See the CE page for profession-specific US approvals and Canadian and international participation information, and check acceptance with your own licensing or professional body before registering. Attend all sessions, sign in daily and complete the evaluation to receive your certificate; no partial credit is awarded. Canadian participants receive a Certificate of Participation for 16.25 hours on 100% attendance.

Review CE approvals and requirements →

Portland Institute: This workshop counts toward 5 of the 8 parts required for Level 1 Certification in Grief Therapy. Contact us for details on the remaining requirements.

Pricing, payment plans & cancellation

Compare room and occupancy options on the pricing page. **Flexible payment plans are available**: contact Emily to set one up.

View retreat pricing →

Read the cancellation terms →

QUESTIONS?

Emily Porter
Leading Edge Seminars
emily@leadingedgeseminars.org
416-964-1133

Ask about workshop suitability, accommodation, payment plans or employer documentation.

Register for Cancun 2027 · leadingedgecancun.com/product/register

Employer approval summary

Use this page, together with sections 01–03, when requesting professional development time or funding.

Program	Advanced Grief Therapy: A Clinician's Toolkit for Reconstructing Meaning After Loss
Presenter(s)	Robert Neimeyer, PhD and Carolyn Ng, PsyD
Format	Live, in-person, five-day workshop · intermediate/advanced
Dates	February 8-12, 2027 (Monday to Friday), 9:00 am–12:30 pm local time
Location	Dreams Jade Resort & Spa, Puerto Morelos (Cancun), Mexico
Instructional hours	16.25 CE hours (3.25 instructional hours a day, Monday to Friday)
CE sponsor	Praxis Continuing Education and Training by New Harbinger; co-sponsored by Leading Edge Seminars
Certificate	Issued on full attendance, daily sign-in and completed evaluation; no partial credit
Learning objectives	19 objectives, listed in section 02 of this guide
Costs	The package combines accommodation and one workshop registration. Ask Emily for a breakdown separating the workshop fee from accommodation and travel.

A request note you can adapt

Dear **[manager's name]**,

I'd like to request approval to attend **Advanced Grief Therapy**, a live 16.25-hour continuing education workshop with Robert Neimeyer, PhD and Carolyn Ng, PsyD, running February 8-12, 2027. The workshop is CE-approved through Praxis Continuing Education and Training.

It would support my work with **[client group / caseload]**, particularly in **[one or two learning objectives from section 02]**. The attached guide includes the full objectives and the five-day agenda.

I'm requesting **[time away / funding amount / both]**. I can provide a cost breakdown separating the workshop fee from accommodation and travel.

Thank you for considering it,
[your name]

Prepared October 2026 from the Praxis CE materials and the Leading Edge Cancun website. Please check the website for current details.